



UNIVERSITI
MALAYA

Blending the Old and New with Holdsworth Club, Sheffield

Wednesday, 14th January 2026

4.00 PM – 6.00 PM

Dewan Kuliah 2, Level 3,
Faculty of Medicine
Universiti Malaya



Mohammad Maqsood



Thomas Smith



Fazal Ali



Hani El-Mowafi



Richard Bryant



David Choon

ALL ARE WELCOME!



UNIVERSITY
OF MALAYA

NOCERAL

National Orthopaedic
Center of Excellence
for Research & Learning



UNIVERSITI MALAYA

Wednesday, 14th January 2026

4.00 pm Program

**DEWAN KULIAH 2, Level 3
Faculty of Medicine, UM**

Welcome from the Holdsworth club
president and hosts

Mohammad Maqsood
David Choon

A modern network steeped in tradition
Prof F Holdsworth and the history of
Holdsworth Orthopaedic Club

Tom Smith (Sheffield retired)

Decision making in knee surgery

Fazal Ali (Chesterfield)

The Charcot Foot

Hani El-Mowafi (Guest of the club)

Charcot the Man

Tom Smith (Sheffield retired)

Shining a light on the dark side of Orthopaedics
- Orthopaedic surgeon burnout, exhaustion,
suicide and lack of support

Mohammad Maqsood (Lincoln)

A Regional Approach to providing expert
subspeciality skills to the paediatric
population: the Rotterham/Sheffield
experience

Richard Bryant (Rotherham)

International orthopaedic teaching, training
and examining - my experience

Fazal Ali (Chesterfield)

Online teaching - pearls and pitfalls

David Choon

6.00 pm Refreshments

**Cube, Level 4
Faculty of Medicine, UM**



Mohammad Maqsood

FRCS (Glasg), FRCS (Tr & Orth)

Professor Mohammad Maqsood is a distinguished Consultant Trauma and Orthopaedic Surgeon at Lincoln County Hospital (ULHT) and a Professor at the University of Lincoln. After graduating in Pakistan, he moved to the UK in 1989, earning his FRCS from the RCPS Glasgow. He completed the Yorkshire training programme and a specialized Trauma fellowship at Regensburg University, Germany.

Throughout his tenure at ULHT, Professor Maqsood has held significant leadership roles, including Clinical Director, lead for the National Hip Fracture Database (NHFD), and BOA Linkman. A dedicated educator, he has been an AO Faculty teacher since 2004, a Regional Adviser for RCPS Glasgow, and an IMRCS OSCE examiner. He also led medical education modules for students from Leicester and Nottingham Universities.

As a leading academic, he has served as Chief Investigator for numerous research projects, notably studying the molecular effects of smoking on fracture healing. His work as a PhD supervisor and Principal Investigator for national portfolio studies has been published widely in peer-reviewed journals. His contributions to medical innovation and research were twice formally recognized with letters of praise from the House of Commons.

Currently, Professor Maqsood serves as the President of the Holdsworth Club, one of the UK's oldest orthopaedic associations (est. 1943). He remains at the forefront of regenerative medicine and complex joint surgery, combining elite clinical practice with a legacy of academic and institutional leadership.



Thomas Smith

FRCS

The Architect of Modern Foot & Ankle Surgery

With over three decades of clinical leadership at Sheffield Teaching Hospitals, Mr. Thomas Smith is a foundational figure in British orthopaedics. As a senior statesman of the foot and ankle specialty, he brings an unmatched depth of historical perspective, surgical wisdom, and long-term outcome data to any stage.

The Voice of Experience

- **The Sheffield Legacy:** Mr. Smith was instrumental in establishing Sheffield as a global center of excellence for foot and ankle pathology.
- **Decades of Data:** His insights are not just theoretical; they are built on a 30-year career of managing complex deformities, limb salvage, and the evolution of joint replacements.
- **Mentorship & Leadership:** Having trained generations of current consultants, he offers a unique "masterclass" perspective on surgical decision-making and the "art" of orthopaedics.

Signature Speaking Themes

- **Evolution of the Specialty:** From traditional open surgery to the dawn of minimally invasive techniques—what truly works for the patient.
- **The "Long-Term" Reality:** A critical look at the 20 and 30-year outcomes of foot and ankle procedures, moving beyond the immediate post-operative window.
- **Surgical Philosophy:** The importance of clinical judgment, patient selection, and why "innovation" must always be tempered by experience.
- **The Complex Ankle:** Strategies for reconstruction in cases of severe trauma and failed previous surgeries.



Fazal Ali

Chesterfield Royal Hospital

A specialist in adult and paediatric knee surgery at Chesterfield Royal and Sheffield Children's Hospitals, Mr. Ali is a pioneer in sports medicine and joint preservation. However, he is perhaps most widely recognized for his transformative impact on surgical education. As the lead editor of the definitive text *Orthopaedic Examination Techniques* and the founder of the world-renowned Chesterfield & Sheffield FRCS Course, he has mentored thousands of surgeons through the most rigorous stages of their careers.

A Senior Examiner and recipient of multiple Lifetime Achievement Awards for training, Mr. Ali joins us today to share his unique perspective on clinical precision and the evolution of orthopaedic practice.



Hani El-Mowafi

Prof. Hani El-Mowafi (also spelled Hany El-Mowafi) is a distinguished Egyptian Orthopaedic Surgeon and a leading figure in limb reconstruction and foot surgery. He currently serves as a Professor of Orthopaedic Surgery at Mansoura University, where he previously held the position of Department Head (2012–2016).

He is internationally recognized for his expertise in the Ilizarov technique, specializing in complex deformity correction, limb lengthening, and the treatment of segmental skeletal defects. His clinical focus heavily involves Foot and Ankle Surgery, a field in which he served as President of the Egyptian Foot and Ankle Society for nearly a decade (2010–2019).

Prof. El-Mowafi has held several prestigious leadership roles, including General Secretary of the Egyptian Orthopaedic Association (EOA) and a member of the Egyptian Medical Council. He is a prolific researcher with over 40 publications in high-impact journals such as *Foot & Ankle International* and *International Orthopaedics*. His academic contributions include the development of the "Mansoura Classification" for Charcot arthropathy and extensive studies on bone transport for trauma recovery.

As a member of global organizations like SICOT and the European Foot and Ankle Society, he is a frequent keynote speaker at international conferences. Based primarily in Mansoura, he remains a key authority in Egyptian medical education and surgical advancement.



Richard Charles Bryant

MBBS, BSc, FRCS (Tr & Orth)
Consultant Trauma & Orthopaedic Surgeon

Mr. Richard Bryant is a Consultant Orthopaedic Surgeon specializing in the diagnosis and surgical management of shoulder and elbow conditions. Based in Rotherham, he serves as the Chairman of Sheffield Orthopaedics Limited (SOL) and holds senior clinical roles at Rotherham General Hospital and Sheffield Children's Hospital. With over 30 years of experience, he is a recognized leader in both adult and pediatric upper limb trauma.

Expertise & Speaking Topics

A highly sought-after educator, Mr. Bryant serves as faculty for the Royal College of Surgeons, instructing on advanced shoulder arthroscopy. His presentations focus on:

- **Arthroscopic Innovation:** Modern techniques in rotator cuff repair and shoulder stabilization.
 - **Surgical Leadership:** Insights into clinical governance, audit, and effectiveness as a Deputy Director of Surgery.
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Professional Background

Mr. Bryant completed his medical training at King's College London and underwent specialized fellowship training in Upper Limb Surgery at the University Teaching Hospital of Coventry and Warwickshire. He is a Fellow of the Royal College of Surgeons and an active member of the British Elbow & Shoulder Society (BESS).



David Choon Siew Kit

Professor David Choon Siew Kit is a prominent Malaysian orthopedic surgeon and a pioneer in medical education. Currently an Honorary Professor at the University of Malaya (UM), he previously served as a Professor of Orthopaedic Surgery at the University of Malaya Medical Centre (UMMC).

Clinical Expertise

Professor Choon is internationally recognized for his expertise in Arthroplasty (joint replacement), specifically focusing on hip and knee surgeries.

A leader in the regional medical community, he serves as the President of the Asia Pacific Arthroplasty Society (APAS). Beyond the operating theater, he is a dedicated educator who was instrumental in establishing the Masters in Emergency Medicine program at UM. He is known for integrating technology into medical training, championing electronic learning platforms to enhance surgical education.

Research and Philosophy

With over 40 peer-reviewed publications, his research spans bone healing (including Platelet-Rich Plasma therapy) and perioperative safety. He is often described as a "maverick" for his innovative approaches to patient care, such as his protocols for managing blood sugar in diabetic patients to reduce surgical complications and shorten hospital stays.

Professor Choon remains a central figure in advancing orthopedic standards across Southeast Asia, balancing high-volume clinical work with a commitment to mentoring the next generation of surgeons.